

**Work-Study Application**

The Balanced Yoga work-study program is for students who are passionate about their practice and want to deepen their connection to the Balanced Yoga community.

Our front desk positions require one 4-hour shift per week, with a minimum commitment of six months. This is not a volunteer position. Work-study staff must demonstrate respect, reliability and accountability. In exchange, you will receive unlimited yoga classes at Balanced Yoga and discounts on workshops and merchandise.

To be eligible for the Balanced Yoga work-study program you must

- Have attended classes at Balanced Yoga for at least three consecutive months
- Commit to the position for at least six months
- Be a "people person" with exceptional communication skills (in person, on the phone and email)
- Demonstrate a good understanding of our class offerings, styles and general philosophy
- Exhibit strong administrative skills (organization, efficiency, and excellent computer literacy)
- Regularly attend Balanced Yoga classes, staff meetings and other fun community events once hired
- Be dependable and punctual

If you meet these criteria, please complete the application below in as much detail as possible. A member of Balanced Yoga management will contact you soon.

Thank you!

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_\_) \_\_\_\_\_

Describe yourself in a few words.

What do you do for a living?

(OVER)

What do you do for fun?

What draws you to Balanced Yoga?

How long have you been practicing at Balanced Yoga?

Less than 3 mos    3 mos    6 mos - 1 year    1-2 years    2-5 years    Over 5 years

What styles of yoga do you enjoy? Why?

Why do you want to work at Balanced Yoga?

When are you available to work?

	AM	PM
Monday	<input type="checkbox"/>	<input type="checkbox"/>
Tuesday	<input type="checkbox"/>	<input type="checkbox"/>
Wednesday	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	<input type="checkbox"/>	<input type="checkbox"/>
Friday	<input type="checkbox"/>	<input type="checkbox"/>
Saturday	<input type="checkbox"/>	<input type="checkbox"/>
Sunday	<input type="checkbox"/>	<input type="checkbox"/>

What forms of transportation do you use?

Car    Bike    Bus    Walk

Is there anything else you would like us to know?